

Natural Stabilized Egyptian Rice Bran

Nutritional data (Values are for 100g.)

Basic Components:	Amount:	Minerals:	Amount:	Amino Acids:	% of Protein
Calories information		Calcium	57.0mg	Alanine	970mg
Calories	316 (1323 kj)	Chloride		Arginine	1058mg
From Carbohydrate	117 (490 kj)	Chromium		Aspartate acid	1308mg
From fat	175 (733 kj)	Copper	0.7 mcg	Cystine	317mg
From Protein	24.3 (102 kj)	Fluride	-	Glutamate acid	1854mg
From Alcohol	0.0 (0.0 kj)	Iron	18.5 mg	Glycine	875mg
Carbohydrates :		Magnesium	781mg	Histidine	355mg
Total carbohydrates	49.7g	Manganese	14.2 mg	Isoleucine	568mg
Dietary Fiber- Total	21.0g	Molybdenum		Leucine	1022mg
Starch	-	Phosphorus	1677mg	Lysine	650mg
Sugertotal	0.9g	Potassium	1485 mg	Phenylalanine	635mg
Galactose	-	Selenium	15.6 mcg	Proline	13.3g
Glucose	200 mg	Sodium	5.0 mg	Serine	662mg
Fructose	200mg	Zinc	11 mg	proline	668mg
Lactose	-	SaturatedFats		hydroxyproline	-
Sucrose	500mg	Saturated fat	4.2g	Threonine	555mg
Maltose	-	12:00	19.0mg	Tryptophan	108mg
Other Carbs.	21.6g	14:00	78.0mg	Tyrosine	411mg
Fats		16:00	3557mg	Valine	881mg
Total Fat	22g	18:00	373mg	methinoine	306mg
Saturated Fat	4.3g	Monounsaturated			
Monounsats Fat	10.0g	Monounsaturated	7.5g		
Polyunsats Fat	7.7g	16:1 undifferentiated	75.0mg	Other:	%DV
Trans Fatty Acids	0	18:1 Oleic	7476mg	Alcohol	0.0g
Cholesterol	0	Polyunsaturated		Caffeine	0.0g
Water		Polyunsaturated fat	7.5g		
Water	7g	18:2 Linoleic	7142 mg	Water	6.1g
Ash		18:03 Linolenic	316mg	316mg	10.0g
Ash	13g	Total trans fat acids	-	Theobronine	0.0g
Protein		Total tarns monogenic fatty acid	-		
Protein	13 g	Total trans polyenoic fatty acids	-		
VITAMINS:		Total omega -3 fatty acids	316 mg		
Vitamin A	0.0IU	Total omega -6 fatty acids	7142mg		
A-Beta Carotene	0.0mcg	Sterols			
A-Carotenoid	0.0mcg	Cholesterol	0.0mg		
A-Retinol	0.0mcg	Phytosterols	-		
Thiamin -B1	4 mg	Campesterol	-		
Riboflavin- B2	0.3 mg	Stigmasterol	-		
Niacin- B3	42.8 mg	Betasitosterol	-		
Niacin	34.0 mg				
Vitamin B6	4.1 mg				
Vitamin B12	0.0mcg				
Betaine	-				
Vitamin C	0.0mcg				
Vitamin D	-				
Vitamin E	4.9mg				
Folate	63.0 mcg				
Vitamin K	1.9mcg				
Pantothenic Acid	7.4mg				
choline	32.2mg				
Lutien + zeaxanthin	220 mcg				

Nutrient analysis may vary due to seasonal variations in the natural raw materials